



Social Integration Centre "CISTOR"



Toruń
Poland

Localization of the Centre



Diagnosis of the social exclusion in Torun

Toruń:

200 000 citizens

Unemployment rate:

13,5%

Long-term unemployment rate:

30% of all unemployed

Diagnosis of the social exclusion in Torun

Social care:

- 50% assigns receives support from social care from title of unemployment
- during years 2000 – 2003 number of persons, who has received social support grew 6 times
- during years 2000 – 2003 number of the families, who has received social support from title of alcoholism grew over 3 times and from title of drug addiction grew over 2 times

Social Integration Center CISTOR



**was found
1st May 2004r.**

Setting up the Centre

1) diagnosis of needs

2) favourably law

- social employment act (2003)

3) financial help

- extra funds from European Union

Purpose of Centre operations

socially excluded persons
becoming independent
through social and pro-
fessional education to
return to labour market

Participants of the Centre

- ✓ long-term unemployed persons
- ✓ homeless persons
- ✓ persons after therapy addicted to alcohol or drugs
- ✓ persons released from prison

Principles of participation

- time of realisation – 1 year
- reward:
 - first month (trial period)
50% of unemployment relief
 - next months (actual participation)
80% of unemployment relief
- professional training & social training
 - working cloths
 - work toolspublic
 - communication tickets
- one meal a day
- integration meetings (cinema, theatre, swimmingpool)

Centre's stuff





The project co – funded by the European Union and Municipal Corporation of Toruń

Social and professional integration of groups threatened with exclusion



Rozwój
Zasobów
Ludzkich

PHARE – SPÓJNOŚĆ SPOŁECZNA I GOSPODARCZA



POLSKA AGENCJA ROZWOJU PRZEDSIĘBIORCZOŚCI
POLISH AGENCY FOR ENTERPRISE DEVELOPMENT



First project

Grant from program:

Phare 2002

Value of grant:

100 000 €

Main purpose of the project:

socially excluded persons becoming independent through the social and professional education

Target group:

25 citizens of Torun

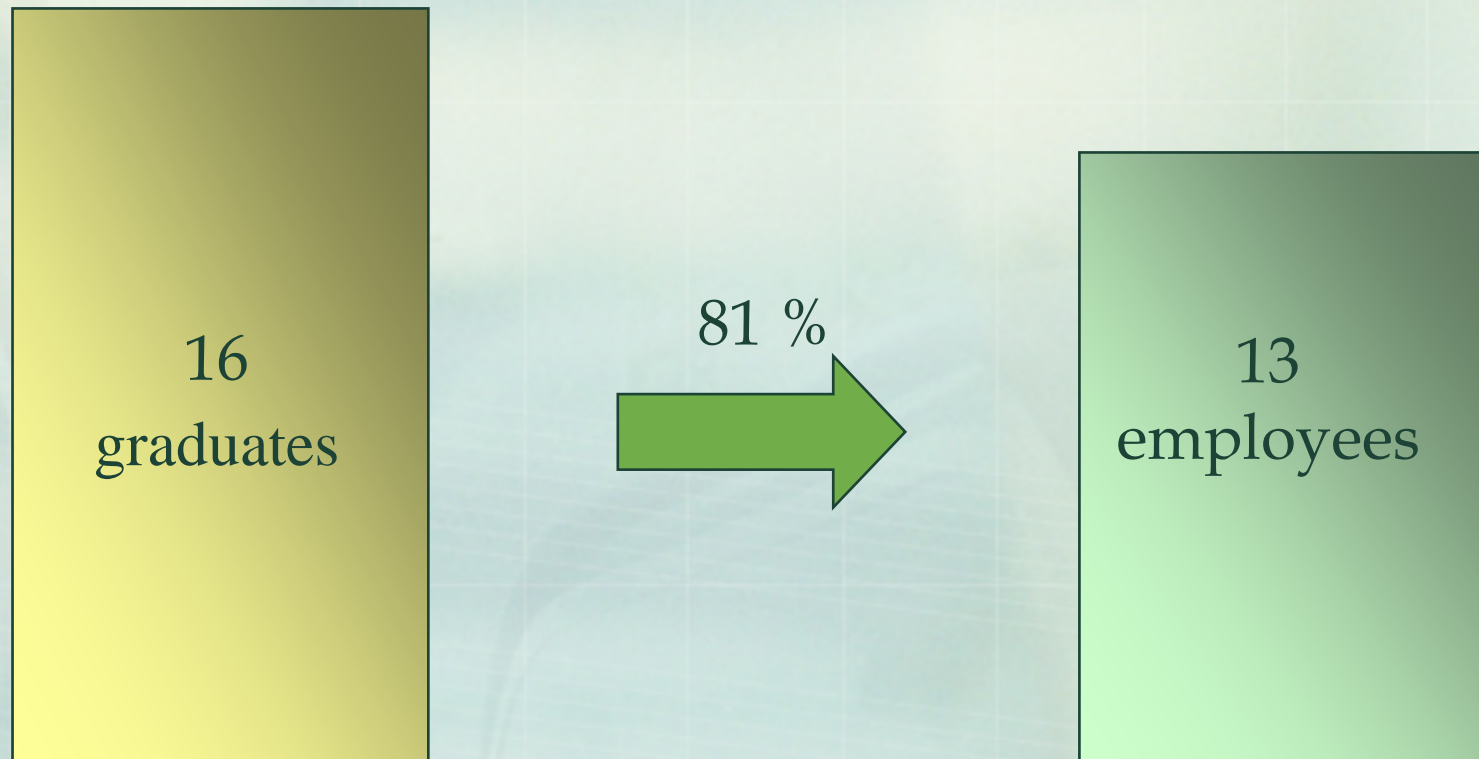
Time of realization:

June 2004 – June 2005

A group of seven women are seated around a wooden table in a meeting room. The room has large windows with vertical blinds in the background. Some women are clapping. On the table are coffee cups and a small plate. The text 'RESULTS OF THE PROJECT' is overlaid in the center in a bold, black, serif font.

RESULTS OF THE PROJECT

Taking up the job



Works in aid of the Torun city

- ❑ construction works
- ❑ redecoration works
- ❑ cleaning works
- ❑ cleaning of snow

Redecoration of the headoffice



Redecoration of the headoffice



Redecoration of the headoffice



Redecoration of the headoffice



Other results

- preparation for interviews
- gaining the ability of dealing with the stress factors
- increasing of self-esteem
- improvement of social relations



The project co – funded by the European Union and Municipal Corporation of Toruń

Daisy House



Present project

Name of the project:

„Daisy House”

Operation Area:

area of Torun district

Grant from program:

European Social Fund
action 1.5a

Value of grant:

240 000 €

Present project

Main project purposes:

socially excluded persons becoming independent through the social and professional education

Target group:

40 citizens of Torun

Time of realisation:

September 2005 – August 2006

Participants of the project

- long-term unemployed persons – 21
- homeless persons – 7
- persons after alcoholic therapy – 6
- persons released from prison – 6

Actions of the project

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graph TD; A[Actions of the project] --> B[Professional trainings]; A --> C[Social trainings];
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Professional trainings

- ❑ theoretical trainings
- ❑ practical trainings

Four professional profiles:

- ✓ building worker
- ✓ cleaning worker
- ✓ carer
- ✓ housekeeper

Social trainings

Building groups

- *redecorations*
 - laying parquet floors
 - painting and wallpapering
- *construction works*
 - plastering
 - roof building
 - demolitions

During the work participants use modern equipment purchased from European Union funds.

Building groups



Building groups



Building groups

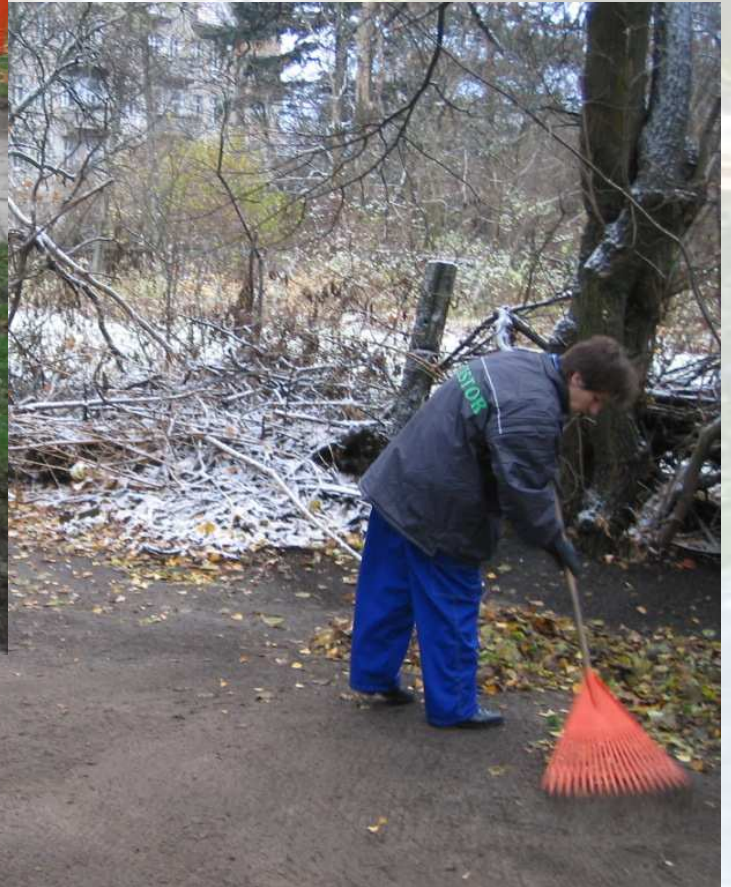


Cleaning groups

- *cleaning of fields*
- *cleaning of building interiors*
- *cherishing of green fields*
- *cleaning of snow*
- *mail delivery*



Cleaning groups

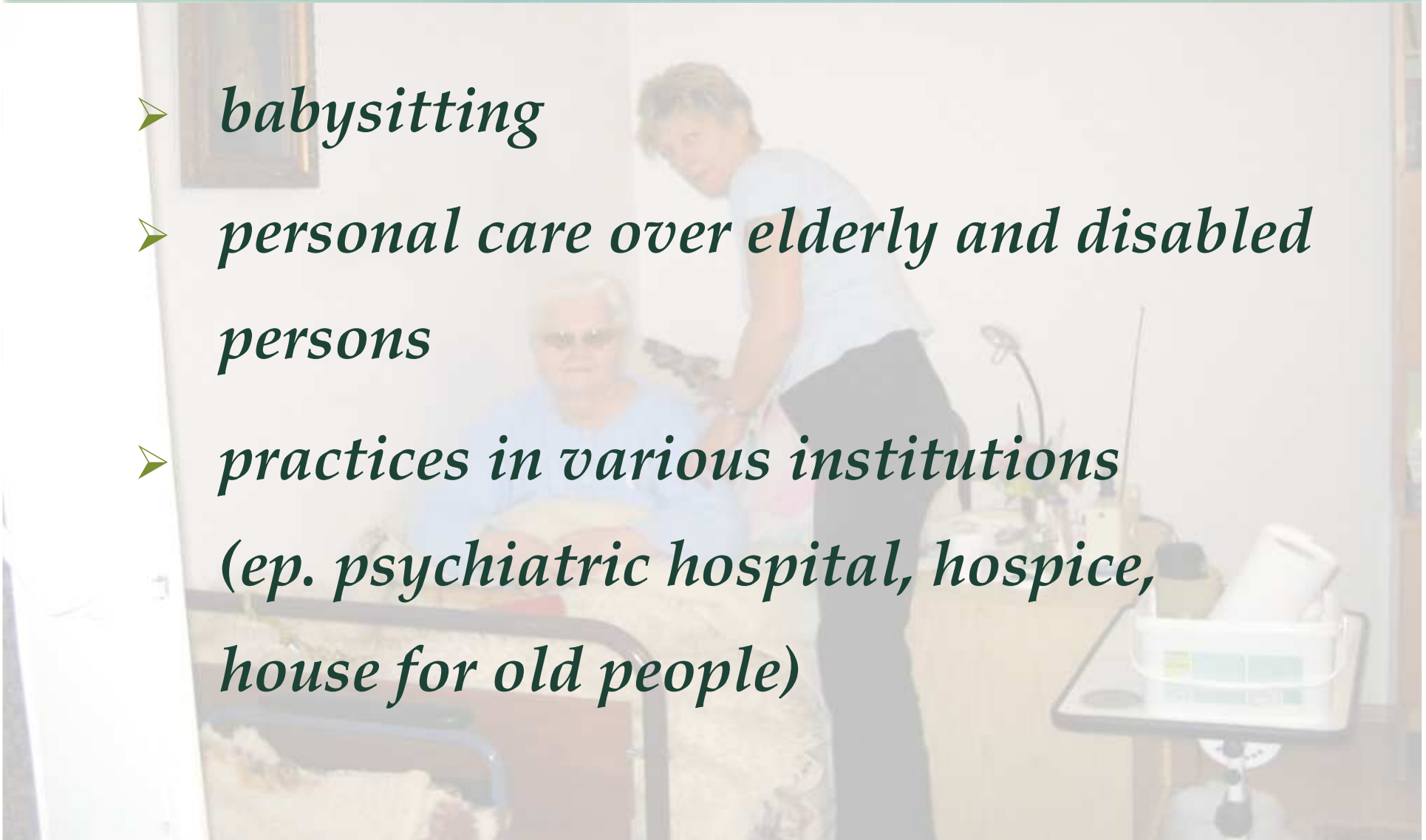


Cleaning groups



Carers groups

- *babysitting*
- *personal care over elderly and disabled persons*
- *practices in various institutions
(ep. psychiatric hospital, hospice,
house for old people)*



Carers groups



Carers groups



Housekeepers group

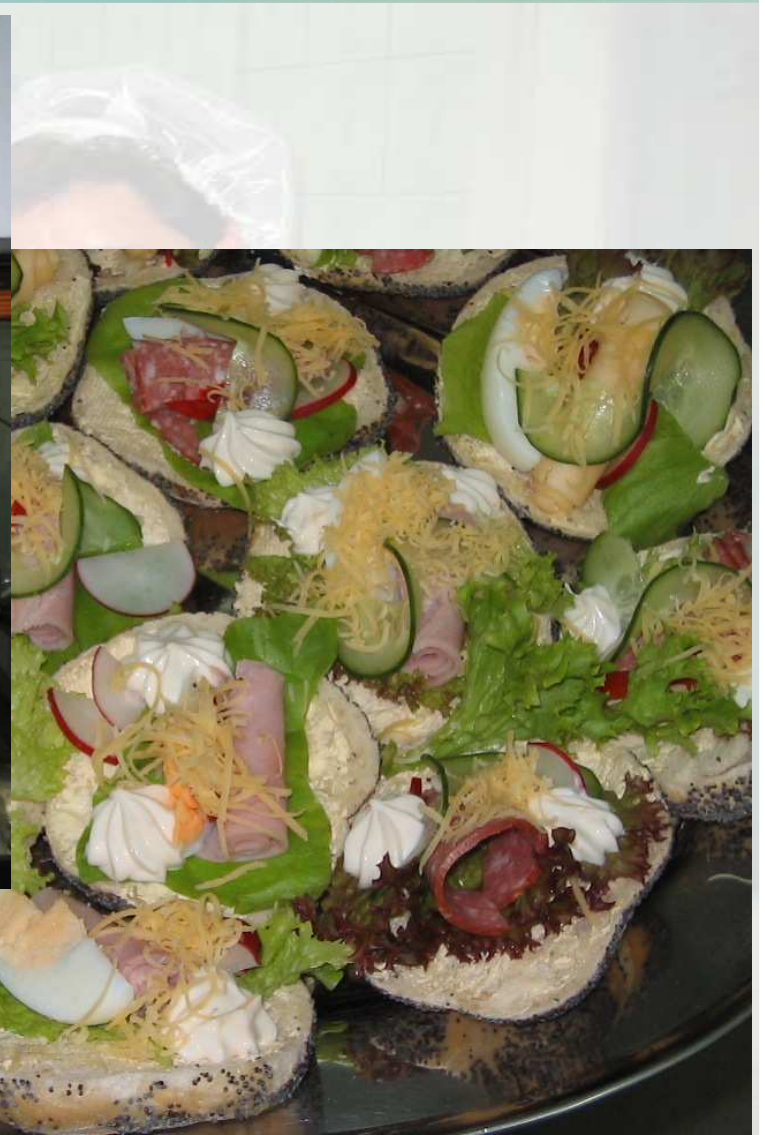
- *gastronomic services*
- *cattering*
- *professional housekeeping*
- *practices in kitchens of various institutions
(ex. hospitals, hotel restaurats)*



Housekeepers group



Housekeepers group



Social trainings

- ❑ Social ability trainings:
 - verbal and non-verbal communication
 - assertiveness
 - ability of dealing with the stress factors
 - solving the conflicts
 - group cooperation
 - learning the ability of rational house budget management.
- ❑ Training of effective job searching.
- ❑ Addiction preventing.
- ❑ Basics of English.
- ❑ Basics of computer using ability.

Social trainings



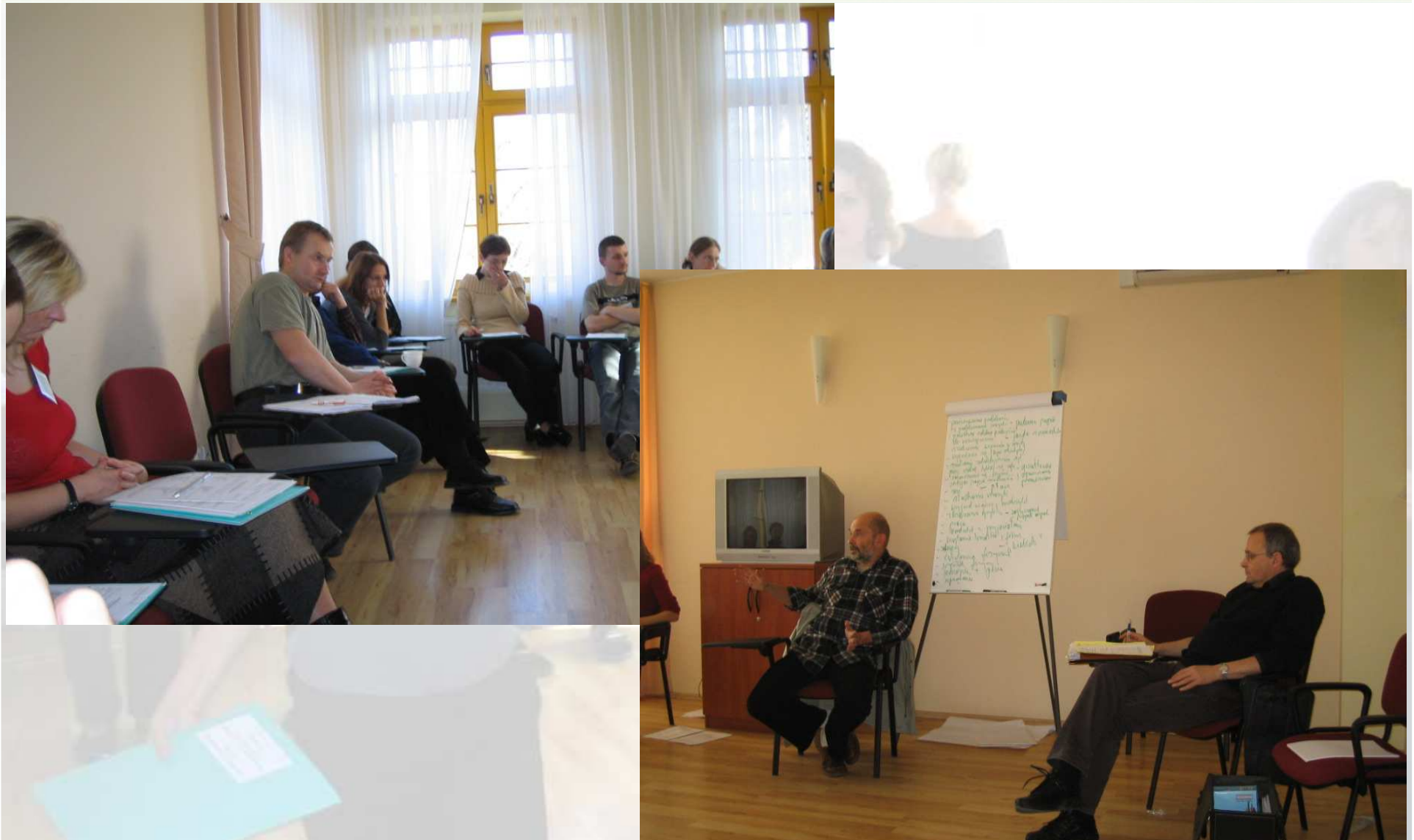
Professional counseling trainings



Computer education



Training for project's stuff



Integration meetings



Integration meetings



Christmas meeting



Christmas meeting



Problems of the project

- differences between Polish and EU law
- lack of motivation to change live situation
- bad experiences of participants
- back to addictions
- negative stereotypes about unemployed
- fluctuation of participants

Resultates of the project

- participation of 40 people in the project
- graduation of 70% of participants
- take up the job by minimum 20% of participants
- permanent increase of professional and social qualifications
- gaining the ability of using modern tools
- permanent improvment of social & financial status
- gaining the new qualifications by project's stuff

End of the project

30th August 2006



GOSPODARSTWO POMOCNICZE URZĘDU MIASTA TORUNIA



CENTRUM INTEGRACJI SPOŁECZNEJ



SZUKAJ



ul. Stokrotkowa 22
87-100 Toruń

► Aktualności

► Idea CIS

► O Nas

► EFS

► SPO RZL

► PHARE 2002

► Poradnik

► Oferta usług

► Galerie

► Pobierz

► Przetargi

► Ogłoszenia

► Linki

► Strona główna

CENTRUM INTEGRACJI SPOŁECZNEJ

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PRZEZ UNIE EUROPEJSKĄ
I GMINĘ MIASTA TORUŃ

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Thank you for your attention

